



PSHE Policy

'Together we Love, Learn and Follow Jesus'

Mission									
Together we love, learn, follow Jesus									
Vision									
At St Joseph's Catholic Primary School, through an open and generous heart, we learn together as a family in faith, following the gospel values of love.									
Values									
Hope	Thankfulness	Collaboration	Compassion	Friendship	Resilience	Empathy	Creativity	Justice	Respect

INTENT

PSHE education at St Joseph's Catholic Primary School, aims to explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, while also preparing them for life, both in the present and future. It also aims to equip children with the skills they need to live successfully as citizens of the communities to which they belong and enables them to celebrate diversity and treat all people with kindness and respect. PSHE education in our school also aims to encourage children to develop positive mental health and emotional wellbeing, by empowering them with the knowledge of why this is important and how it can be achieved. We want to educate the whole child through our PSHE education and believe this positively impacts the individual, the school community, the wider community and the global community - both present and future.

We organise the PSHE curriculum in a variety of ways. We use the archdiocese recommended scheme of work 'Journey in Love' coupled with the Learning Outcomes and Core Themes outlined in the 2020 **PSHE Association Programme** of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to the PSHE provision in school. In addition, **Kidsafe**, a programme specifically designed to support children's mental health and safety, is delivered by a trained professional each term. Kidsafe gives our children a voice so that they can speak out about their wellbeing in a supportive and safe way.

At St. Joseph's, through PSHE, we aim to:

- know and understand what is meant by a healthy lifestyle
- be aware of safety issues
- understand what makes for good relationships with others
- have respect for other people and show sensitivity towards others
- be thoughtful and responsible members of their community and their school
- become active members of our democratic society
- develop self-confidence and self-esteem
- make informed choices regarding personal and social issues
- develop good relationships with other members of the community

All aims are taught through the three core areas of PSHE education, which are:

- Health and Wellbeing
- Relationships
- Living in the Wider World.

All lessons will cover content in an age-appropriate manner. Health and Wellbeing lessons will explore physical wellbeing, healthy lifestyles, mental health, growing and changing, keeping safe and drugs, alcohol and tobacco.

Relationships lessons will explore families and close positive relationships, friendships, managing hurtful behaviour and bullying, safe relationships and respecting self and others.

Living in the Wider World lessons will explore our shared responsibilities, communities, media literacy and digital resilience and economic wellbeing (money and aspirations, work and career) and British Values

IMPLEMENTATION

At St Joseph's Catholic Primary School, we have created a scheme of work which is not only in line with the National Curriculum but meets the specific needs of our pupils. Our comprehensive enquiry based PSHE progression map shows the ongoing learning journey from Reception to Year 6 over a two-year cycle. Our curriculum is a spiral curriculum which is split into three core themes: Health and Wellbeing, Relationships and Living in the Wider World. The children will meet these themes throughout the course of each year and the themes are built upon as the children move through school.

The key areas of learning we aim to cover include:

- Families and friendships
- Safe relationships
- Respecting ourselves and others
- Belonging to a community
- Media literacy and digital resilience
- Money and work
- Physical health and mental wellbeing
- Growing and changing
- Keeping safe

Throughout the school, the children use floor books to record their responses to and progress in PSHE lessons. These books travel with the children as they move to the next year group so they can look back at their learning and the next teacher can see the children's starting points.

At St Joseph's we believe that PSHE plays a vital part of primary education and is taught termly and we firmly believe opportunities to make cross curricular links should not be missed. Occasions may arise when staff feel it necessary to teach PSHE as a result of an issue which has arisen in their own class.

PSHE is an important part of school assemblies and collective worship where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

IMPACT

Assessment

By the time children leave St Joseph's Catholic Primary School we believe our PSHE curriculum will have allowed them to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect. Children will understand what it means by 'Resilience' and attain the ability to bounce back from life's everyday challenges. The children will have a willingness and ability to try new things, push themselves and persevere.

The impact of the PSHE scheme is constantly monitored and assessed. The children complete baseline assessments at the start of every topic and revisit them at the end to reflect on what they have learnt, how they have developed new thinking and grown in understanding.

Children will have a good understanding of how to stay safe, be healthy and develop good relationships; they will have an appreciation of what it means to be a positive member of a diverse, multicultural society with a strong self-awareness, interlinked with compassion of others.

Reporting

Parents receive information about PSHE through the following means:

- Website
- Reports
- Parents' evening
- Newsletter

Monitoring and Evaluation

Monitoring and Evaluation is carried out by the PSHE coordinator through the collection of work samples, conversations with teachers in school, observation of displays, pupil voice interviews and analysis of the class floor books. Children are interviewed on an informal basis during lesson observations by the PSHE Subject Leader, to gauge pupil's opinions about the teaching of PSHE and the understanding of skills learned.

CPD

Part of the role of the PSHE Subject Leader is to maintain his or her own CPD through courses, training, curriculum meetings and e-learning. Relevant CPD will be disseminated through INSET days, staff meetings and curriculum meetings in order to maintain good practice across the school.

Policy Updated: October 2023

PSHE Subject Leader: Mrs Alison Wells