

St Joseph's Catholic Primary School: Newsletter 06.09.24

Mission

Together we love, learn, follow Jesus

Vision

At St Joseph's Catholic Primary School, through an open and generous heart, we learn together as a family in faith, following the gospel values of love.

Values

Hope Thankfulness Collaboration Compassion Friendship Resilience Empathy Creativity Justice Respect

A Message from Miss Dewhurst: A very warm welcome back to all of our children and families and an extra special welcome to our new Reception children and their families. I am sure, before too long, you will start to feel a real sense of belonging as members of our school family. As a school community, we are all here to help and support each other; something that we do so well and that makes St Joseph's truly special. We all appreciate how big a milestone this is for your children, and even more so for you as parents! Please rest assured, all of the children have settled in so well and have had a great first week! The children have been a joy and it has been lovely listening to their summer stories. It looks like we are in for another exciting and successful term. I look forward, yet again, to seeing them all grow and shine!

PE Days and Forest School: Next week, PE and Forest School sessions will be as follows.

CI R/1 Forest School and PE on Wednesday*; PE on Thursday

CI 2/3/4 PE on Tuesday

Year 2 & Year 3 Forest School on Wednesday and PE on Thursday

Year 4—PE & Forest School* (Stanley Grange) on Thursday

CI 5/6 PE on Monday and Thursday; Forest School on Wednesday

**Please note pupils can do PE in their Forest School kit but please make sure they have a change of footwear so trainers for PE and wellies or boots for Forest School. More detailed information about Forest School clothing can be found later in the Newsletter.*

Classroom Round Up: *What a fantastic first week we've had in **Class R/1**, getting to know our classroom, our new teachers and our new friends! Making lavender perfumes and nature faces in the outdoor classroom, singing and dancing to new songs in music and exploring the construction area are just a few of this week's highlights. We are so proud of the Reception children who are settling into school life brilliantly. It has been lovely to see the children's confidence grow each day. Reception are looking forward to meeting their Big Friend in Year 6 next week. A special mention to the Year One children who have been outstanding role models to Reception this week, helping them to master new routines. Well done, Year One! We hope all of our families have a restful weekend, and we look forward to welcoming the children back to school on Monday.*

*We have had an incredible first week in **Class 2/3/4!** Everyone has settled in well and shown great collaboration to make sure everyone knows what they are doing and are feeling okay. In English, we learnt a poem, 'She sells sea-shells' and performed it as a class with actions. We all started our new science topics with Year 2 and Year 3 exploring everyday materials around them and Year 4 exploring thermal insulators and conductors.*

*Pupils in **CI 5/6** have started their new history unit on Ancient Greece. They completed an artefact hunt and discovered that people living in that time were great thinkers, writers, politicians and warriors. Linking to this, the class started their English book *Greek Myths* and in maths looked at Roman Numerals.*



Facebook: Please remember to like and comment on posts on our Facebook page—St Joseph's Catholic Primary School, Brindle. Once the consent form has been completed on School Spider, we will be sharing photographs on this social media platform to showcase all the amazing things that happen during a school day. The consent form should be completed by next Friday morning. If you are experiencing any technical difficulties with the School Spider app, please speak to Mrs Cox.



School Attendance:

	This Week
Yr R	100%
Yr 1	100%
Yr 2	95.5%
Yr 3	100%
Yr 4	98.9%
Yr 5	96.3%
Yr 6	100%
Total	98.6%

Award Winners

★ CI R/1:

★ Dojo Champion: **Isaac**

★ School Values/Mission: **Riley**—Resilience—for coming back to school confident and independent and showing the Reception children how to be Ready, Respectful and Safe

★ CI 2/3:/4

★ Dojo Champion: **Rory**

★ School Values/Mission: **Sam**—Friendship—for being a great friend to all his peers, helping and supporting those around him and making sure everyone knows what to do and where to be

★ CI 5/6:

★ Dojo Champion: **Effie**

★ School Values/Mission: **Freddie**—Resilience—for putting 100% effort into his maths and using the resources provided

Children's Liturgy: Welcome. We hope you have had a wonderful summer holiday.

This week Children's Liturgy starts after the summer break as well. We meet in the Parish Room before the 9:30am Mass on Sunday, where we have our own prayers, readings and activity before joining our families after the Homily in church.

Sunday is 23rd Sunday of Year B. In the Gospel we hear about how Jesus meets a man who cannot hear, and who has a problem with his speech. What does Jesus do to the man?

Jesus puts his fingers in the man's ears, touches his tongue, and prays for the man to "be opened". The man is able to hear and to speak more clearly. How do you think he must have felt?

Sometimes we all find it difficult to listen. Perhaps you were being asked to lay the table or make your bed, and you didn't really want to do it.

Sometimes we all find it difficult to speak up – especially if we see that someone is doing something wrong or if we are afraid of being laughed at. It can be hard to stand up for what we know is right. It can be hard to speak out for what we believe in.

It is not always easy to speak out for what we believe in, but Jesus asks us to try.

Will you speak out this week for what you know is right? Will you try to stand up for what you believe in even if it is difficult?

A better world needs all of us to play our part. If you could say one thing to change the world we live in and make it a fairer and more just place, what would it be?

We would love to see you at 9:30am Mass on Sunday for Children's Liturgy.

Children's Liturgy Team

Important Reminder: We already have items of lost property after just four days in school!

Please can we ask you to name all items of clothing that come into school - coats, lunch boxes, PE hoodies, sweat-shirts and cardigans, as well as Forest School kit.

At the end of the first day we have a number of brand new sweatshirts and cardigans that weren't named.

School clothes: If your child comes home wearing any items of clothes borrowed from school, could we ask you to wash them and return them as soon as possible as we only have a limited supply of certain items. Thank you

Pope Francis: Our life of faith begins when we humbly welcome Jesus into the boat of our lives, make room for Him, listen to His Word and let ourselves be questioned, challenged and changed by it.



Recent Correspondence

Please find below a list of information that has been sent out this week.

Remember to check School Spider for all communication from school:

Annual consent renewal

PALs wraparound cre

After school UV dodgeball

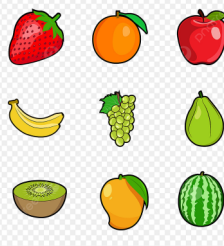
School Meal Options for week commencing 09/09

Cl R/1 Family photographs

Forest School and PE sessions

Mrs Shaw: Meet the Teacher

Home Time Arrangements



Morning Snacks: We follow Lancashire's healthy school policy at St Joseph's, If your child would like to bring a snack in, please make sure it is a healthy one; preferably fruit or vegetables. Please remember, if they are bringing grapes, these should always be cut in half

length ways. Children who bring a packed lunch, should not be taking items out to eat at playtime.

Pupils in Cl R/1 are also offered a piece of fruit during the afternoon. Water bottles should contain only water and can be filled up during the day.



Mutual Respect & Tolerance

Our behaviour, actions and words can affect others. It is up to us to decide what kind of impact we want to have within our communities and beyond.

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School events: Every child in school should have brought home information about Rock Steady. Band leader Arthur is keen for more pupils to join him on a Wednesday morning. This is open to pupils from Reception to Year 6. Children in Cl 2/3/4 & Cl 5/6 have been given information about the new Jam Coding club which will start next week. Details about how to sign up are on the flyer.

PALs are also running a one-hour UV dodgeball session on a Thursday after school, details about this were sent home earlier this week.

Diary Dates: These will be sent out this week and will include information about our two Open Mornings and events that you are invited to join us in school for. Details will also be uploaded to the calendar section of our school website.

Appointments: If your child has a medical or dental appointment at any time during the school day, please make sure you send a copy to Mrs Cox in the office. A screenshot can be emailed to secretary@st-josephs-hoghton.lancs.sch.uk or if you only have a paper version, she can take a photocopy for school records. Thank you



Picture News
How can communities help each other in times of difficulty?



Sunday Gospel: While Jesus was travelling towards the Sea of Galilee, they brought him a deaf man who could hardly talk; and they asked Jesus to lay his hand on him. Jesus took the man away from the crowd, put his fingers into the man's ears and touched his tongue with spittle. Then looking up to heaven, Jesus sighed and said to him, "Be opened." At once the man could hear and he could speak clearly too. And Jesus ordered the people to tell no one about it, but the more he insisted, the more widely they told everyone about it. "He has done all things well," they said. "He makes the deaf hear and the dumb speak." Mark 7: 31-37 (Wednesday Word)

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.



2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.



3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.



4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.



5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.



6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.



7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.



8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.



9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.



10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.



Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

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ST JOSEPH'S



FOREST SCHOOL

KIT LIST

Autumn & Spring

- **Waterproofs** – puddle suit or separate waterproof coat and trousers.
- Comfortable trousers – jogging bottoms or leggings.
- **Long sleeved** t-shirt.
- Jumper or fleece jacket – for warmer days pack a lightweight fleece.
- Sturdy shoes or wellies – footwear that you do not mind getting muddy.
- SPARES – pack a spare set of clothing, especially socks and trousers.

Winter

- Warm Trousers – fleeced lined or warm tracksuit bottoms.
- **Long sleeved** t-shirt.
- Warm jumper or fleece.
- Hat, scarf and gloves.
- Sturdy shoes or wellies – footwear that you do not mind getting muddy.
- Winter waterproofs – a puddle suit or a two-piece rain set to wear over the layers listed above.
- Waterproof winter mittens.
- SPARES – pack a spare set of clothing, extra jumper, gloves, socks and trousers.

Summer

- Comfortable trousers – jogging bottoms or leggings.
- **Long sleeved** t-shirt for protection against stings, scratches, bug bites and sunburn.
- Jumper or a lightweight fleece jacket – just in case. A zip up one makes it easier to get on and off.
- Socks.
- Sturdy shoes that you do not mind getting muddy. No open toe sandals or flip flops.
- **Waterproofs** – unlined, for the wet summer days.
- **Sun hat and sun cream.** We recommend that children arrive at school already wearing an all-day sun cream.

PLEASE ENSURE THAT YOU LABEL ALL OF YOUR CHILD'S BELONGINGS INCLUDING THE BAG THAT THEY USE TO CARRY THEIR FOREST SCHOOL KIT IN. THIS WILL ALLOW US TO QUICKLY RETURN ANY LOST ITEMS TO YOUR CHILD.

Thank you



SCHOOL ADMISSIONS PRIMARY

SOUTH

**Do you have a child starting
primary school in September 2025
and living in Lancashire?**

Closing date: 15 January 2025

You **must** apply even if a brother or sister is already at the school, or the school is linked to your child's nursery. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning
the QR code or visit lancashire.gov.uk/schools



If travel cost is an important factor in your school preference, please check the guidance on our website, or call **01772 532109**.

**HAVE
YOUR SAY**

Between 1 October and 31 January schools are consulting with you to make sure admission arrangements meet future needs. To find out more please visit www.lancashire.gov.uk/schoolplaces and click 'school admission policies'.

lancashire.gov.uk



Lancashire
County
Council





SCHOOL ADMISSIONS SECONDARY SOUTH

Do you have a child starting
secondary school in September 2025
and living in Lancashire?

Closing date: 31 October 2024

You **must** apply even if a brother or sister is already at the school. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning
the QR code or visit [lancashire.gov.uk/schools](https://www.lancashire.gov.uk/schools)



If travel cost is an important factor in your school preference, please check the guidance on our website, or call **01772 532109**.

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WITH



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Does your child enjoy singing?
Think they might enjoy playing Ukulele?

They can do both activities for just one 'Silver Subscription' of £29.00 per term.

Activities begin on September 7th, 2024.

Sign up by following the QR codes below:

Chorley Young Voices,
9.45am to 10.45am
(Key Stages 1, 2 or 3)



Chorley Ukulele Band,
11am to 11.45am
(Open to Year 3+)



@St. Michael's High School in Chorley

For More Information:



www.lancashiremusichub.co.uk

