



Dear Parents and Carers,

There are times when we all need encouraging: that is, to be inspired with courage and to have our hope renewed, especially when we are going through difficult times.

The snapshot of Jesus' glory in this Sunday's Gospel was an encouragement to the three disciples. For the first time they received a glimpse of the awesome divinity of Jesus. But soon they would go through difficult times and see Jesus crucified.

Wednesday 12<sup>th</sup> March 2025

So beforehand, God tells them to listen to Jesus and allows them to see Jesus for who he really is.

Following Jesus isn't easy: it never was. But if, like the disciples, we too listen to Jesus, we will experience the encouragement that God offers freely to each one of us - today.

Enjoy exploring this Sunday's Gospel and this Wednesday's word, which is **ENCOURAGEMENT**.

Dom Henry Wansbrough



A Word from Pope Francis

*"The invitation at the Transfiguration is to listen to Jesus and to follow him, laying down our lives as a gift of love for one another."*

## THE GOSPEL IN CHURCH Sunday 16<sup>th</sup> March 2025



Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the appearance of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing over (his death, his resurrection and his ascension) which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw Jesus' glory and the two men standing with him. As Moses and Elijah were leaving, Peter said to Jesus, "Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah." As he spoke, a cloud overshadowed them; and the disciples were afraid. Then a voice came from the cloud saying, "This is my Son, the Chosen One. Listen to him".

Adapted from Luke 9:28-36  
The 2<sup>nd</sup> Sunday of Lent, Year C

Getting to know Jesus makes life joyful. Learn more about this Sunday's Gospel in your local Parish Church: all are very warmly invited.

2025: The Jubilee Year of Hope!

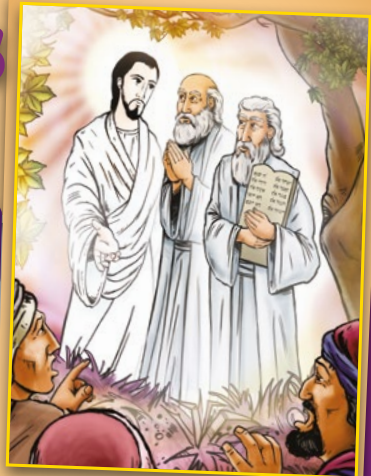
Having Hope in our Families

In this Sunday's Gospel, Jesus knew that he was soon to be arrested and put to death, but the change in the way he looked (his transfiguration), the extraordinary appearance of Moses and Elijah and hearing the Father's voice from heaven, would have encouraged Jesus to continue his mission - to spread the Good News.



# Good News for Families

## 10 MINUTES TOGETHER TIME



### Sunday Gospel Gallery

Look at this Sunday's Gospel picture. What can you see? How do you feel? What does it make you think about?

## 1 READ & REFLECT! Listen & Learn with Jesus, the Word!

Peter, James and John went with Jesus to pray on a mountain top. While they were praying, Jesus' face shone and his clothes became as brilliant as lightning. Then Moses and Elijah appeared and began to talk to Jesus. They were two great prophets who had lived many centuries earlier. Peter said, "It is good to be here." But then a cloud covered them and a voice came from the cloud, saying, "This is my Son, the Chosen One. Listen to him".

**How did Jesus look when he was transformed?**

Which word or words stood out for you in this Sunday's Gospel, and why? Spend a few relaxing moments pondering the picture together. Share any thoughts before moving on.

## 2 SHARE & CARE! Growing in Goodness & Love: This Wednesday's Word...

If God can work through me,  
he can work through anyone."

*St Francis of Assisi*

By showing them his inner glory, Jesus encouraged the disciples. Today, when we listen to and follow Jesus, our lives are transformed and we are filled with words of encouragement. Ask your child what 'to encourage someone' means to them. Who encourages them and keeps them going when they find things difficult? How does it feel to be encouraged? Has your child ever encouraged anyone? What did they do?

## ENCOURAGEMENT



There are times when we all need encouragement. Do you know anyone who may need encouraging? Each of you choose a way to encourage someone during this Lenten season. Perhaps you can: offer words of support; let someone know when they are doing something well; help someone if they are struggling; support each other in keeping CAFOD's Lent Fast Day this Friday.

3 Dear Lord Jesus, thank you for **encouraging** us. Please help us to be more like you – to be an **encouragement** to those around us. Amen.

## FINDING THREE

S	H	C	S	W	S	U	S	E	J	S	W
L	C	S	V	C	L	O	U	D	C	E	R
O	R	H	R	H	A	J	I	L	E	L	B
H	W	O	A	A	R	E	D	C	R	J	C
S	H	N	O	N	F	S	A	V	O	A	L
B	T	E	V	G	G	F	V	E	B	S	U
M	J	E	S	E	S	E	S	O	M	C	O
O	P	R	N	D	M	L	D	U	I	L	D
S	V	O	I	C	E	I	R	F	A	C	E
E	H	D	M	R	O	J	E	S	U	S	E
S	U	R	V	W	I	A	C	S	F	E	H
B	D	U	O	L	C	H	L	W	E	B	J

**WEDNESDAY WORDSEARCH**

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

**JESUS**

**CHANGED**

**FACE**

**SHONE**

**MOSES**

**ELIJAH**

**CLOUD**

**VOICE**

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**

Cross out the letters **d m u** in the jumbled words below to find 4 real words.

**culodthmes fudacem lidguhtnming burilmlidant**

Jesus' \_\_\_\_\_ shone and his \_\_\_\_\_ became

as \_\_\_\_\_ as \_\_\_\_\_.



Find and draw 3 differences, then colour the picture



This Friday is CAFOD's Family Fast Day. Why not join in so that some of the world's poorest children and families can be helped and encouraged? Discover lots of ideas at: [cafod.org.uk/primary](http://cafod.org.uk/primary)



This week I will try my best to...

.....



Write a promise & draw a big smile on Smiley